

**PATIENT PREPARATION FOR**  
**COMPUTERIZED REGULATION THERMOGRAPHY (CRT)**

1. You may shower the morning of the test with warm water only.
2. Have only a light breakfast with no caffeine-containing beverages or nicotine.
3. Please come to the office with your whole body, except the head, covered with cotton clothing. Please wear socks and shoes, as well as long pants and a long-sleeved shirt. A sweat suit would be ideal. Clothing should not be tight. Please wear underwear.
4. Ideally, do not take any homeopathic medicine for 48 hours before the test. If you are unable to do this, please let us know at the time of the test.
5. Do not use cosmetics or body lotions the morning of the examination because these may affect skin temperatures.
6. You will need to sit for 30 minutes prior to the test.

Our staff technician is in the office on Saturday  
because you are scheduled for this procedure.  
Last minute cancellations and "No Shows"  
will result in a \$63 charge to your account.

**Thank you and we look forward to seeing you  
for your evaluation!**

## **PATIENT INFORMATION FOR COMPUTERIZED REGULATION THERMOGRAPHY (CRT)**

Welcome to the state-of-the-art biological scanning method called Computerized Regulation Thermography. Thermography has over 12,000 citations and studies held within current medical journals, and has just recently been modified to yield a scan-method which is 10 times more precise than other thermographic systems, revolutionizing the field into a new scientific arena.

Different than the usual InfraRed Scan, Regulation Thermography tests the skin temperature directly, and the data emerging from this method is far more accurate and conclusive than other methods. By sampling data points on the body emanating from internal organs and energy systems which are related to the area in question, scientists and physicians have been able to confirm their adjunctive diagnostics in ways which result in highly accurate non-invasive results.

It is clear that within the next years, this instrument will appear in the finest hospitals and imaging centers. The breast evaluation software has shown results when normal mammography “missed the spot” or delivered false positives. This method, unlike others based upon infrared sensors, measures the actual skin surface temperature, which is more accurate in medicine than the measurement of heat radiations.

### **The Method:**

Your doctor will ask you to sit in a fairly cool (but not uncomfortable) room for 30 minutes. He will then take the first skin-temperature measurements of the head and teeth, done by gentle touch of the probe to the skin of the face and neck. Then, you are asked to expose the upper body (from the waist up), which results in a physiological response of the whole body to the controlled “stress”. Your doctor quickly and efficiently then makes the remainder of the measurements on your chest, abdomen and back. You are then asked to sit in your underwear exposed to the room air for 10 more minutes. According to clinical research, it takes 10 minutes for your body to stabilize and affect the reactions of the internal organs upon the skin. The measurements are then repeated and the test is concluded. The doctor retains a printout of the reactions of the body,

which tell him how your various organs and their neurological control systems react.

### **Why This Method?**

Most tests performed by normal medicine look at a static, non-dynamic nature of the body. For instance, when you take a blood test the cells are counted and evaluated at that second, no matter if you had just been in a car accident, had a cold, or in a situation of emotional stress. In Regulation Thermography we can see how the body deals with stress. We can measure the area, which may have a tumor, an inflammation, or degeneration, and make conclusions that shape the final medical decision regarding the course of treatment or non-treatment in an accurate way. It is important to remember that a sick person is not one who has a fever, sweats at night, or gets a rash but, instead, a sick person is one who does not react to stressful events or toxins, and this is what shows clearly in Regulation Thermography. It looks directly at those bodily abilities and shows where the lack of reaction comes from. This is the key in the future of medicine – to look at the control mechanism directly.

The results of your test will be available within two weeks.

*Please note that although this test is newly FDA approved, in reality insurance does not generally pay for it.*